

## Internship Program Admissions

Date Program Tables are updated: July 31st

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Regional Mental Health Center is a progressive, not-for-profit, comprehensive community mental health center with over a dozen locations located within 45-minutes southeast of downtown Chicago in Northwest Indiana. The longstanding internship program was created to be a generalist program whose goal is to provide clinical training in outpatient therapy and assessment with a diverse client population. In addition to the outpatient therapy and assessment, rotation experiences are available in a variety of departments and levels of care, with both mental health and substance abuse populations, adults and children, and in behavioral health at one of our Federally Qualified Health Clinics. Applicants who can speak Spanish and who specialize in culturally sensitive treatment with Latinx populations are encouraged to apply. We have opportunities for a wide variety of psychological testing batteries, all interns are provided with testing cases and additional training on specialized instruments. Due to the COVID 19 crisis, interns and supervisors have been working from home and providing supervision and outpatient services by telehealth, however rotation experiences were limited and have not resumed at this writing. Updates will be provided during interviews.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

|   |     |    |             |
|---|-----|----|-------------|
| Total Direct Contact Intervention Hours | Yes | No | Amount: 500 |
| Total Direct Contact Assessment Hours   | Yes | No | Amount: 100 |

Describe any other required minimum criteria used to screen applicants:

Applicants are required to submit an example of a completed integrated test battery report in addition to the APPI. The Internship program at Regional will consider applications who do not meet required direct contact hours and will review the application as a whole, considering goodness of fit with the internship program at Regional and taking into consideration difficulties that may have resulted due to COVID 19 crisis.

### Financial and Other Benefit Support for Upcoming Training Year\*

|  |             |           |
|--|-------------|-----------|
| Annual Stipend/Salary for Full-time Interns  | \$23,716.37 |           |
| Annual Stipend/Salary for Half-time Interns  |             |           |
| Program provides access to medical insurance for intern?   | <u>Yes</u>  | No        |
| <b>If access to medical insurance is provided:</b>   |             |           |
| Trainee contribution to cost required?   | <u>Yes</u>  | No        |
| Coverage of family member(s) available?  | <u>Yes</u>  | No        |
| Coverage of legally married partner available?   | <u>Yes</u>  | No        |
| Coverage of domestic partner available?  | Yes         | <u>No</u> |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation)   | 160         |           |
| Hours of Annual Paid Sick Leave  | N/A         |           |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?   | <u>Yes</u>  | No        |
| Other Benefits (please describe): The agency reimburses for work-related travel expenses. The agency pays for malpractice insurance and life insurance. Interns may have access to free short term psychotherapy through the EAP for up to six sessions. |             |           |

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

|   | 2016-2019 |    |
|---|-----------|----|
| Total # of interns who were in the 3 cohorts  | 15        |    |
| Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree | 0         |    |
|   | PD        | EP |
| Community mental health center  | 1         | 4  |
| Federally qualified health center   |           | 1  |
| Independent primary care facility/clinic  |           |    |
| University counseling center  |           |    |
| Veterans Affairs medical center   | 2         |    |
| Military health center  |           |    |
| Academic health center  |           |    |
| Other medical center or hospital  |           | 2  |
| Psychiatric hospital  |           |    |
| Academic university/department  |           |    |
| Community college or other teaching setting   |           |    |
| Independent research institution  |           |    |
| Correctional facility   |           |    |
| School district/system  |           |    |
| Independent practice setting  |           | 5  |
| Not currently employed  |           |    |
| Changed to another field  |           |    |
| Other   |           |    |
| Unknown   |           |    |

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.